

Ministry of Health

Risk Levels and Precautions for COVID-19

This chart can be used to help assess your potential exposure to the novel coronavirus COVID-19. This information does not replace the advice of your healthcare provider or public health unit. If you have questions on your potential exposure to COVID-19 please contact your [local public health unit](#). This information will be updated as the situation on COVID-19 continues to evolve.

Exposure History	Instructions	Resources
Individual being tested for COVID-19	Self isolate until cleared by local public health unit	How to Self Isolate Self-Isolation Guidance for Close Contacts
Recent travel to Hubei province OR Iran OR another affected area where returning travelers are advised to self-isolate OR Known close contact with a case	Self isolate for 14 days from last known exposure If symptoms develop, contact your local public health unit	How to Self Isolate Self-Isolation Guidance for Close Contacts
Recent travel to mainland China or another affected area where returning travelers are advised to self-monitor OR Known non-close contact with a case	Self-monitor for symptoms for 14 days from last known exposure If symptoms develop, self-isolate immediately and contact your local public health unit	How to Self-Monitor
No known contact with a case	Continue with regular good hygiene practices	Ontario Ministry of Health